

SKIN HEALTH + WELLNESS: PREVENTING INCONTINENCE RASH

Taking care of the skin is essential when caring for someone with incontinence. Skin becomes more fragile as you age and needs special care. Just as infants get “diaper rash,” adults can also experience that same redness and irritation. If not treated, adult incontinence rash can lead to more serious health issues.

CHANGE THE PRODUCTS AT THE RIGHT TIME

While Prevail® products will pull liquid away from the skin and can handle multiple episodes of bladder leakage, it is still important to frequently check to determine if a change is needed. ***ALWAYS CHANGE IMMEDIATELY IF STOOL IS PRESENT.***

CHECK THE SKIN EVERY TIME YOU CHANGE

Every time you change the product, check the skin to see if there is any redness or irritation. If irritation is present, more frequent product changes may be needed and you should contact your healthcare provider for guidance. ***PROPERLY CLEAN THE SKIN WITH EVERY PRODUCT CHANGE.***

USE BARRIER CREAMS SPARINGLY

Overuse of any type of cream may get in the way of the “wicking” (quickly moving moisture away from the skin) properties of the incontinence product you are using.

PROPERLY CLEAN THE SKIN WITH EVERY PRODUCT CHANGE

Every time you remove a wet or soiled product you should clean the area before putting on a clean product. Proper skin cleaning will not only benefit skin health but also reduce the chance for infection. ***USE PREVAIL® DISPOSABLE WASHCLOTHS TO ENSURE PROPER CLEANING.***

- Use different corners of the washcloth to cleanse the skin
- Start in the front and wipe towards the buttocks
- Rotate to a clean part of the washcloth each time you wipe.
- Continue wiping until the whole areas is clean
- It is important to clean in between the skin folds
- With Prevail® disposable washcloths there is no need to rinse

